

Kyu Grade Matrix

	Novice	6 th Kyu	5 th Kyu	4 th Kyu	3 rd Kyu	2 nd Kyu
FUNDAMENTALS WITH BOKUTO	How to stand: shizen-tai How to bow: ritsu-rei and courtesy in kendo: rei-ho How to sit: sei-za How to bow: za-rei How to compose yourself: mokuso How to squat: sonkyo How to make stance and posture: chudan-no-kamae How to move forward, back, right and left: in kamae using suri-ashi	How to stand: shizen-tai How to bow: ritsu-rei and courtesy in kendo: rei-ho How to sit: sei-za How to bow: za-rei How to compose yourself: mokuso How to squat: sonkyo How to make stance and posture: chudan-no-kamae How to move forward, back, right and left: in kamae using suri-ashi	How to stand: shizen-tai How to bow: ritsu-rei and courtesy in kendo: rei-ho How to sit: sei-za How to bow: za-rei How to compose yourself: mokuso How to squat: sonkyo How to make stance and posture: chudan-no-kamae How to move: forward, back, right and left in kamae using suri-ashi	How to stand: shizen-tai How to bow: ritsu-rei and courtesy in kendo: rei-ho How to sit: sei-za How to bow: za-rei How to compose yourself: mokuso How to squat: sonkyo How to make stance and posture: chudan-no-kamae How to move forward, back, right and left: in kamae using suri-ashi	How to stand: shizen-tai How to bow: ritsu-rei and courtesy in kendo: rei-ho How to sit: sei-za How to bow: za-rei How to compose yourself: mokuso How to squat: sonkyo How to make stance and posture: chudan-no-kamae How to move forward, back, right and left: in kamae using suri-ashi	How to stand: shizen-tai How to bow: ritsu-rei and courtesy in kendo: rei-ho How to sit: sei-za How to bow: za-rei How to compose yourself: mokuso How to squat: sonkyo How to make stance and posture: chudan-no-kamae How to move forward, back, right and left: in kamae using suri-ashi
KIHON KEIKO HO		Kihon Ichi	Kihon Ichi Kihon Ni	Kihon Ichi Kihon Ni Kihon San	Kihon Ichi Kihon Ni Kihon San Kihon Yon	Kihon Ichi Kihon Ni Kihon San Kihon Yon Kihon Go
SHINAI KIHON	SHINAI OR BOKUTO How to cut men, kote and do using suri-ashi How to cut men, kote and do using fumi-komi-ashi	How to cut men, kote and do using suri-ashi How to cut set forms of kihon-keiko-ho in bogu using fumi-komi-ashi <i>Kiri-kaeshi: Cutting as kakari-te</i>	How to cut men, kote and do using suri-ashi How to cut set forms of kihon-keiko-ho in bogu using fumi-komi-ashi <i>Kiri-kaeshi: as kakari-te and moto-dachi</i>	How to cut men, kote and do using suri-ashi How to cut the set forms of kihon-keiko-ho in bogu using fumi-komi-ashi <i>Kiri-kaeshi: with good kiai and correct cutting distance</i>	How to cut men, kote and do using suri-ashi How to cut the set forms of kihon-keiko-ho in bogu using fumi-komi-ashi <i>Kiri-kaeshi: left hand remains in centre with smooth, effective movements</i>	How to cut men, kote and do using suri-ashi How to cut the set forms of kihon-keiko-ho in bogu using fumi-komi-ashi <i>Kiri-kaeshi: with a full rich kiai and proper breathing</i>
KENDO NO KATA				Ippon-me	Ippon-me Nihon-me	Ippon-me Nihon-me Sanbon-me

Assessment includes the command and understanding of the above including general use of kendo terminology.